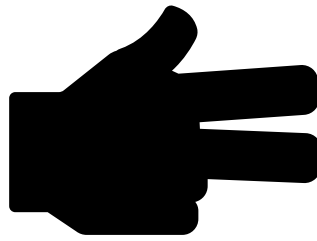


FREEFALL hand signals



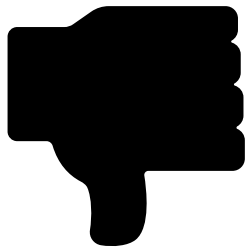
deploy main



Legs OUT



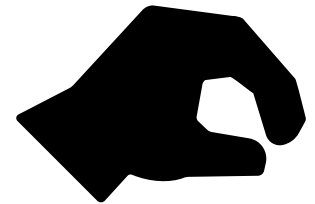
Legs IN



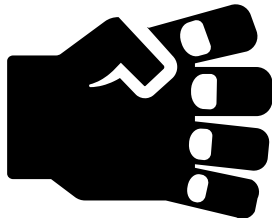
**arch
HIPS DOWN**



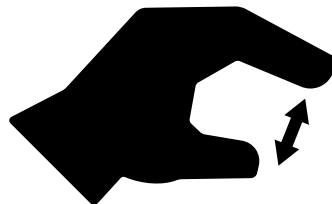
**check arms
RELAX ELBOWS**



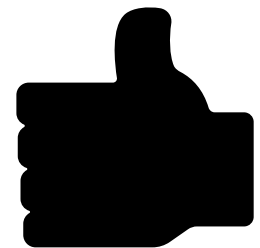
**ALTIMETER
HAT CHECK**



**PRACTICE
TOUCHES**



KNEES CLOSER



GREAT JOB



**LET GO OF THE
PILOT CHUTE**



**RELAX YOUR BODY
& BREATHE**