

Breakfast

8:03 AM - 11 AM



**Eat
UP!**

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| Breakfast Croissant | <u>\$4.50</u> |
| <i>Egg, Cheddar, & choice of Meat</i> | |
| Egg Breakfast or Wrap w/Provolone | <u>\$6.50</u> |
| <i>2 Eggs, Hash browns, Toast/Wrap & choice of Meat</i> | |
| Farmers Omelet or Wrap | <u>\$6.50</u> |
| <i>Onion, Bell Pepper, Cheddar, Hash browns & choice of Meat</i> | |
| Tex-Mex Omelet or Wrap | <u>\$6.50</u> |
| <i>Pico De Gallo, Pepper Jack, Hash browns & Chorizo</i> | |
| Veggie Omelet or Wrap | <u>\$6.50</u> |
| <i>Our Veggie Blend, Provolone & Hash browns</i> | |
| Norge Omelet or Wrap | <u>\$6.50</u> |
| <i>Ham, Swiss, Onion, Bell Pepper, Mushrooms & Hash browns</i> | |
| Handmade Bagel | <u>\$3.00</u> |
| <i>Cream Cheese, Butter and/or Jelly</i> | |
| Pancakes our Style or Multi Grain | <u>\$5.00</u> |
| <i>Add Chocolate Chips, Nuts or Blueberries for 75¢</i> | |
| Yogurt Parfait | <u>\$3.00</u> |
| <i>Greek Yoghurt with a mix of Berries and Granola</i> | |

Smoothies

\$4.00

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|--------------------------|---------------------------|
| Banana Mango | Strawberry Mango |
| Banana Split* | Nutty Monkey** |
| Berry Banana | Peach |
| Berry Blast* | Peaches 'N' Cream* |
| Berry Mango | Peach Mango |
| Strawberry Banana | PB&J** |

*Contains Milk Products **Contains PEANUT BUTTER & Milk Products

Beverages

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|-------------------------------------------|------------------------|
| Hot Coffee/Tea/Cocoa | <u>\$2.00</u> |
| Fountain Soda/Iced Tea | <u>\$1.50</u> |
| Juice, Gatorade, Vitamin Water | <u>\$1.75</u> |
| Bottled Water | <u>\$1.00</u> |
| Beer | <u>\$3/\$3.5/\$4.5</u> |
| Refills for Fountain Soda/Iced Tea | <u>50¢</u> |
| Energy Drinks | <u>\$2.5/\$3</u> |

Snacks

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| Hard Boiled EGG | <u>75¢</u> | |
| Granola Bars | <u>\$1.25</u> | Cookie <u>\$1.50</u> |
| Kick@ss Snacks | <u>\$2.25</u> | Chips <u>\$1.50</u> |
| Ice Cream Bars | <u>\$2.50</u> | Banana <u>\$1.00</u> |
| Fresh side of the day | 6oz <u>\$1.50</u> | 12oz <u>\$3.00</u> |

Wraps, Panini,

All Wraps, Panini, & Sandwiches come with a Pickle and The Fresh Side of the Day

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|----------------------------------------------------------------------------------------|---------------|
| Classic Wrap or Sandwich | <u>\$7.00</u> |
| Your choice of Meat, Veggies, Cheese, Mustard & Mayo | |
| Ziggy- Wrap, Panini or Sandwich | <u>\$7.50</u> |
| Turkey, Bacon, Tomato, Provolone & Pesto Mayo | |
| Italian- Wrap, Panini or Sandwich | <u>\$7.50</u> |
| Pepperoni, Salami, Ham, Provolone, Red Pepper & Pesto Mayo | |
| SW Chicken- Salad or Wrap | <u>\$7.50</u> |
| Chicken, Bacon, Cheddar, Red Pepper, Pico De Gallo, Greens, Tortilla Strips & SW Ranch | |
| Dreaded- Wrap, Panini or Sandwich | <u>\$7.50</u> |
| Chipotle Mayo, Turkey, Ham, Bacon, Pepper Jack, Lettuce & Tomato | |
| Mr. Beefy- Wrap, Panini or Sandwich | <u>\$7.50</u> |
| Roast Beef, Grilled Onion, Red Pepper, Provolone & Horsey Aioli | |
| Chicken Caesar- Salad or Wrap | <u>\$7.50</u> |
| Grilled Chicken, Parmesan, Romaine lettuce & Croutons in Caesar Dressing | |
| B.L.T- Sandwich, Wrap or Salad | <u>\$7.00</u> |
| Just in case you don't know..... it's Bacon, Lettuce & Tomato w/Mayo | |
| C.B.R- Wrap or Salad | <u>\$7.50</u> |
| CHICKEN, BACON, RANCH, Cheddar, Lettuce & Tomato | |
| Ooooh TUNA- Wrap, Panini or Sandwich | <u>\$7.50</u> |
| Our Style of Tuna Salad with a few options | |

*All Wraps, Panini, & Sandwiches come with a Pickle & the Fresh Side of the Day.
Substitute Chips for \$1.00*

Salads & Sandwiches

Pizza

| | <u>Naan</u> | <u>12"</u> |
|-----------------------------------------------|---------------|----------------|
| Cheese | <u>\$5.00</u> | <u>\$9.00</u> |
| Pepperoni | <u>\$5.50</u> | <u>\$10.00</u> |
| Sausage | <u>\$5.50</u> | <u>\$10.00</u> |
| Sausage & Pepperoni | <u>\$6.00</u> | <u>\$11.00</u> |
| White Cheese | <u>\$5.00</u> | <u>\$9.00</u> |
| <i>Cheese with a Garlic Butter Sauce</i> | | |
| Supreme | <u>\$7.00</u> | <u>\$12.00</u> |
| <i>Sausage, Pepperoni, Onion, Bell Pepper</i> | | |

Each Extra Topping Naan 50¢ 12" Pizza \$1.00

Pizza toppings: Pepperoni, Sausage, Bacon, Ham, Chicken, Mozzarella/Provolone, Cheddar, Feta, Onion, Bell Pepper, Garlic, Artichoke, Kalamata Olives, Tomato, BBQ Sauce, Pico De Gallo, Veggie blend & fresh Seasonal Ingredients when available.

The VEGGIE Side

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| Hummus | <u>\$6.00</u> |
| <i>Toasted Naan & Fresh Veggies</i> | |
| Cheese Quesadilla | <u>\$6.00</u> |
| <i>Side of Pico De Gallo & Sour Cream</i> | |
| Veg. Head- Salad, Wrap or Panini | <u>\$7.50</u> |
| <i>Our blend of Roasted Veggies with Feta, & Pesto Mayo</i> | |
| The Garden-Salad or Wrap | <u>\$6.00</u> |
| <i>Greens with an assortment Of Veggies & your Choice of Dressing</i> | |
| Da Greek- Salad or Wrap | <u>\$7.50</u> |
| <i>Artichokes, Kalamata Olives, Feta, Tomato, Red Onion, Cucumber, Greens & Med. Feta</i> | |

MAC 'N' Cheese

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| Classic Mac | <u>\$6.00</u> |
| <i>Our Special Blend of Cheese Sauce</i> | |
| Bacon Mac | <u>\$7.00</u> |
| <i>Our Classic Mac with Bacon</i> | |
| Carbonara Mac | <u>\$7.50</u> |
| <i>Mozzarella, Provolone, Parmesan, Garlic, Bacon & Onion</i> | |
| Tex-Mex Mac | <u>\$7.50</u> |
| <i>Chorizo mixed into a Spicier version with Pico De Gallo & Tortilla strips</i> | |

Grilled Cheese

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| Classic- Cheddar | <u>\$5.50</u> |
| 3 Cheese- Cheddar, Provolone & Pepper Jack | <u>\$6.00</u> |
| Monte- Ham, Swiss, Mozzarella, Provolone & Dijon | <u>\$7.00</u> |
| KB- Pico De Gallo, Cheddar & Mozzarella | <u>\$6.50</u> |
| Trevor- Bacon & cheddar | <u>\$7.00</u> |
| Duth- Bacon, Tomato, Cheddar & Provolone | <u>\$7.00</u> |
| Cross- Tomato, Avocado, Cheddar & Provolone | <u>\$7.00</u> |
| MF^NR- Pickles & Cheddar | <u>\$6.00</u> |

Soup De Jour

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| Cup | <u>\$3.00</u> | Bowl | <u>\$5.00</u> |
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